



## **COVID-19 SAFETY PLAN**

**Rev.1 June 24<sup>th</sup> to July 17<sup>th</sup> inclusive**

**Bishopstown GAA, Camogie and LGFA Clubs**

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## 1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Bishopstown GAA, Camogie and LGFA clubs (**The Club**) to support its members and participants in the staged resumption of club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the club, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at club facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to change in line with all regulations, guidelines and directions of government, the GAA and public health authorities.

Reference to Gov.ie / GAA.ie / hpsc.ie which are constantly updated.

## 2. Responsibilities under this Plan

The Club retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Covid Committee of Bishopstown GAA, Camogie and LGFA Clubs is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Covid Committee will be led by John Crowley, Health and Safety Officer, Bishopstown GAA Club.

The Club Executive has appointed the following person as The Club COVID-19 Officer to support in the delivery of the Plan and to act as a point of contact for information relating to this Plan:

<b>Name</b>	Suzanne O Sullivan
<b>Contact Email</b>	<a href="mailto:Suosullivan1@gmail.com">Suosullivan1@gmail.com</a>
<b>Contact Number</b>	0879203319

Each section of the Club has appointed a lead person who will liaise with the Health and Safety Officer and the Covid Officer. Each team within each section has also appointed a lead so as to act as a Covid Supervisor within their own group. They will report directly to their section lead. An Advisory Group has also been formed to support the development of policy and procedures as outlined in this plan. This group consists of Dr Orla Healy, Dr Michele Dillon, Dr Adrian O Donovan and Dr Ger Hayes.

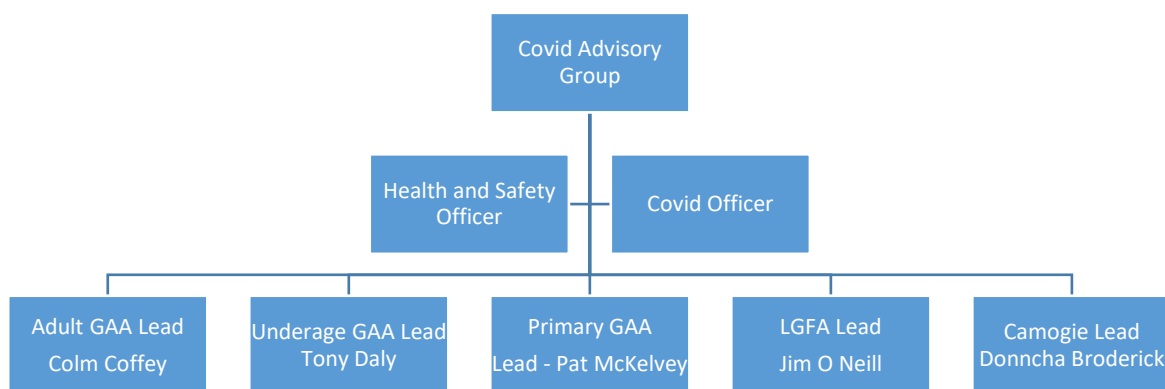


Figure 1: Governance Structure of Covid Committee across The Club

## 2.1 Covid Supervisors Responsibilities

The Club will ensure that there will be Covid Supervision present at each training session or game. These nominees (minimum one per each team) will be provided with training and information on their exact role via the Gaelic Games online education module and will be identifiable by the use of a Hi-viz jacket.

A second person will be required as a backup in the event the identified Covid Supervisor is not available.

The following is an outline of their responsibilities:

Ensuring COVID-19 protocols are adhered to by players, coaches and parents/guardians.

Responsible for ensuring only necessary personnel are admitted to the venue for a training session or game

Ensuring sanitising of facilities is completed before and after each training session of game (e.g. Toilets, door handles etc.) A disinfectant spray will be located in the dressing rooms adjacent to the toilet facilities for this purpose.

Collation and maintaining records of attendees.

Covid Supervisors to check Health Declaration and “Re-Confirm” has been completed in advance of all sessions via the GAA Health app.

### **2.1.1 The Health Questionnaire**

Health Questionnaire

Adult players and parents/guardians of underage players, as well as coaches, officials, administrative staff and volunteers will be required to complete the online Health Questionnaire once prior to their return to GAA Activities.

Access to the online system for the completion of the health questionnaire will be provided centrally by the GAA. This is the only system that should be used. This will be a secure GDPR compliant application.

Declaration

Adult players and parents/guardians of underage players as well as coaches, officials, administrative staff and volunteers will then be required to provide a declaration , before each training session/game, that their health status has not changed.

To complete the declaration ahead of a training session or match, you access the online system and select the “RECONFIRM THIS” tab located alongside the initial information completed on the Health Questionnaire. This is the only system that should be used. This will be a secure GDPR compliant application.

This will reduce unnecessary interaction or delays on arrival at training sessions or matches.

### **2.1.2 Temperature Checking**

Clubs will not be expected to record the temperatures of players when they arrive for training/games.

Each participant will record their temperature on the health questionnaire. It is the responsibility of the individual to record their own temperature. The presence of symptoms such as fever, cough, sore throat, general weakness, shortness of breath and change or absence in taste or smell prevents attendance with a recommendation that the player contacts their general practitioner. Also, if the Health Questionnaire or subsequent Declaration is not completed, the player cannot train.

### 2.1.3 Sanitising of facilities

At the end of each training session, the Covid Supervisor and/or backup should ensure all door handles, playing equipment (e.g. balls, hurleys, sliotars etc.), the medical room and the Toilet(s) are sanitised (using the provided spray) before use by the next team or training group.

A further cleaning of the toilet facilities will be completed on a daily basis by the on-site FÁS team.

### 2.1.4 Attendance records/data management

The Covid Supervisor will ensure that the record of everybody attending each training session will be available in the event that contact tracing or other intervention is required. Data management will be consistent with GDPR guidelines.

Collection by H&S Officer or Covid-19 Officer on a weekly basis to be arranged. Records to be held for a 2 week period and then to be disposed of in line with GDPR guidelines.

## 2.2 Member's Responsibility

The Club expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by The Club;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

Complete the GAA online eLearning module. <https://courses.gaa.ie/Covid19ClubEd>

- **Mandatory Requirements** : All players, parent/guardian, coaches, officials, administrative staff and volunteers MUST complete the online eLearning module and the Health Questionnaire in advance of attendance at their first training session back.
- Any players, parent/guardian, coaches, officials, administrative staff and volunteers who have not completed the online eLearning module and/or the Health Questionnaire in advance of their return to their first training session back, will not be permitted to participate until both elements are completed.

### 3.Scheduling of activities

Timetables should be used to clearly show what teams are using club facilities at what times. The principle of “get in, train and get out” will apply. There should be a time interval between teams departing having completed training and the next team arriving. Attendance will be limited to essential personnel. Compliance will be necessary to ensure efficiency and harmony.

- All Adult GAA activity will be held on Pitch 2 at the GAA Club.
- All Primary activities will be held on Pitch 4 of the GAA club.
- The Underage section of the GAA Club use the pitch at Colaiste an Spioraid Naoimh.
  - **NOTE:** Access will be via a side gate to the school where players only will be permitted. This will also be the location where parents will sign the Player Declaration prior to training.
- Ladies football and Camogie activities will take place at the pitch in the Bishopstown Community School.

When games commence, all applications to play on Pitch 2 except for Saturdays, must be made through Pitch Co-ordinator John Burke.

Any requests for Pitch 2 access on a Saturday are to be routed to the Underage Chairman, Vincent Murray.

NOTE: Priority will be given to the Senior teams due to the shortage of pitches once our pitch developments are initiated.

Appendix 3 outlines Bishopstown GAA Match day Protocols to be referenced on return to matches.

Appendix 5 & 6 are revised Match Regulations issued from Croke Park on 10<sup>th</sup> July 2020.

### 4. Site Preparation

• Dressing Rooms, Gyms and Social areas will remain closed until further notice. They will NOT be allowed to re-open from July 20<sup>th</sup>. NOTE: The opening of Dressing Rooms will also be subject to advice on Close v Casual Contacts in due course.

• Appropriate signage in line with public health guidelines will be placed at the entrance of club facilities, in the car park, at the entrances of toilets and pitch side.

• Hand sanitisation stations will be provided in toilets, entrance to pitch and pitch side. Appropriate disposal bins for hazardous biological waste will be available and clearly marked. All players and coaches are to use the hand sanitizer before and after each session, especially before handling any club equipment (including footballs and sliotars) .

- Toilets must be regarded as potentially contaminated areas. Dressing Room 2 and Dressing Room 4 will be the designated toilets on site. They will be cleaned daily by the FÁS team. **NOTE:** Toilets should remain shut and only be opened when required to limit access and cleaning requirements.

- Only players and essential team personnel should gain access to the pitch areas.

- Parents of Cúl Maroon (Fé 6) should remain on site but are required to locate along the footpath adjacent to the Street Leagues pitch while maintaining social distancing.

- Parents of other age groups are not permitted in the training area which has restricted access

- Medical personnel (physios, doctors) should wear masks.

- Facilities for disinfecting footballs and sliotars will be available and to be used at the end of each training session. The garage area will be a decontamination area after training whereby all equipment is cleaned. Anti-Bacterial wipes and spray can be used in the event disinfectant is not available.

- When training as a large group it will be necessary for the group to be split into pods to finish separately to avoid congregation. Pods should leave their gear/belongings in different areas to avoid mixing.

- Bibs are NOT permitted to be used for general training sessions during this initial phase. If bibs are required players should be issued with a bib or bibs ( if you want to give them different colours) and be responsible for washing and maintaining themselves.

- Players are responsible for their own gear which should be kept to a minimum when coming on site

- Players must take responsibility and take care of their jersey.

NOTE: This is as much for the H&S of those being asked to take bibs or jerseys for washing, bringing them to another place or their home, the handling of the jerseys etc.

- Dugouts are not permitted to be used at this time home or away.

### **Ball Alley**

The Ball Alley will re-open on Monday 29<sup>th</sup> June.

Anyone using the Ball Alley facility is required to bring their own hand sanitiser and to apply it prior to entering the ball alley and again on leaving it.

Numbers in the Ball Alley are limited per age group as outlined below:-

Adult maximum of 6 players at any one time

Primary and Underage maximum of 10 players at any one time

## 5. Covid situation / First Aid

Updated guidance for Clubs on "Dealing with positive or suspected cases" received on 14<sup>th</sup> July 2020 replaces the previous advice issued to clubs and counties on 27<sup>th</sup> June 2020.

See attached Appendix 4.

### Covid situation

- In the event that a player or coach develops symptoms akin to Covid -19 during a training session in the Club, he/she must be given a mask as soon as possible and will be brought by the Covid supervisor to the designated medical room for immediate isolation, which will be located in Dressing Room 6.

The relevant team's Covid Supervisor - and one other adult for Primary or Underage players is expected to stay for the duration of each training session/game in case a Player requires isolation.

- This designated medical room will contain the appropriate personal protective equipment for the Covid supervisor to wear.

- Ideally any donning of PPE would take place outside of the dressing room prior to anyone else entering.

- A notice must be placed outside the door of the designated medical room to prevent access, and the time of isolation must be recorded.

- Arrangements must be made to safely remove the player/coach from the Club.

- The designated medical room must be disinfected upon departure of the player/coach. Current guidance requires that the room is to remain empty for at least 1 hour, but ideally empty overnight and then all areas within 2 m of the player/coach must be disinfected.

- If a player shows symptoms at either of the external training locations in Colaiste an Spioraid Naoimh or Bishopstown Community School, the player/coach must remain isolated at that location until collected. Appropriate PPE will be available in the Bishopstown GAA First Aid kit on site, which will include masks and gloves for the Covid supervisor and the coach/ player. The player/coach should not return to the Club.

Video resources in relation to minimising risk, cleaning etc. are available on the HPSC website. These are designed for healthcare setting but worth a watch and should form part of our discussion

[www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/videoresources/non-clinicalstaffcovid-19videoresources/](http://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/videoresources/non-clinicalstaffcovid-19videoresources/)



[www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/videoresources/gpprimarycaresettingcovid-19videoresources/](http://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/videoresources/gpprimarycaresettingcovid-19videoresources/)

- If Covid related, next of kin/parents will be contacted and the player will be immediately collected and brought off site.

### **First Aid**

- In relation to a first aid related injury or situation access to basic first aid equipment / supplies is required.

- PPE will be required by the coach or First Aider. Face masks and gloves would need to be available on the pitch in case the player requires assistance there. The Team Manager, Coach, First Aider should have and put on a face mask if they go to attend or check on an injured player.

- If the injury is serious, an ambulance will be called and next of kin/parents will be contacted.

### **6. Protocol for Participation (Refer Appendix 2 Player / Parent Checklist)**

- Players (over 18) , Parent/Guardian (U6 to Minor) and all team personnel should be provided with this document and have completed the Gaelic Games online education module prior to participation.

- Participants are also required to change at home, travel separately (except family members), shower at home and where possible use toilet facilities at home. Travel to a match as a family only OR housemates together only.

- Strapping should be applied at home.

- All players should use their own individual and clearly labelled water bottles.

- All Players or parents/guardians will have completed the online Health Questionnaire. This will require you to identify if you have any symptom(s) - the presence of symptoms such as fever, cough, sore throat, general weakness, shortness of breath and change or absence in taste or smell prevents attendance with a recommendation that the player contacts their general practitioner.

- The player (or parent/guardian where appropriate) should record the player's body temperature prior to training or a match. If the player's temperature is at or above 37.5C, the player must remain at, or return home, and consideration should be given to contacting the player's GP for advice or referral

- If a player/member develops symptoms of COVID-19 (Coronavirus), the player should not attend a training session, skills practice session or game, and will need to self-isolate immediately and phone their GP for medical advice.

- From June 24<sup>th</sup> Adult teams will train in pods of 15. These will be non-contact training sessions.
- From June 27<sup>th</sup> Underage teams will train in pods of 15. These will be non-contact training sessions. Coaching numbers for Underage teams to be consistent with Code of Behaviour.
- From June 29<sup>th</sup> contact training and challenge games are permitted for Adult and Underage teams.

**APPENDIX 1 – SAMPLE HEALTH QUESTIONNAIRE FORM FOR GAELIC GAMES** (to be updated in line with GAA identified template)

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

\_\_\_\_\_

TEAM: \_\_\_\_\_

NAME-OF-GP: \_\_\_\_\_

1. Have you been diagnosed with or do you believe you may currently have COVID-19?

Yes \_\_\_\_

No \_\_\_\_

2. Have you had any of the following symptoms of COVID-19 in the past 14 days?

- a fever (high temperature of 37.5° C (degrees Celsius or above)
- a cough - this can be any kind of cough, not just a dry cough
- shortness of breath or breathing difficulties
- loss of sense of smell (anosmia)
- loss of sense of taste (ageusia) or distortion of sense of taste (dysgeusia)

3. Please indicate Temperature as recorded today \_\_\_\_\_

If you have answered **YES** to any of these questions or if your temperature as recorded today was **37.5°C or above**, you should stay at home and contact your GP by phone for further advice.

If you have answered **NO** to all of the above questions, and your temperature as **recorded today is lower than 37.5°C** you may train or play with your team on the date specified above. Please sign this form to confirm that the details above are true to the best of your knowledge, that you or your guardian have completed the Gaelic Games online Education Module and to confirm that you understand the risks involved in participation, are participating on a voluntary basis and that you may opt-out at any time.

Signed:\* \_\_\_\_\_

\*(For underage players, this document should be signed by a Parent or Guardian)

## Appendix 2 Player/ Parent checklist

### Before Training

1. Have you taken your child's temperature? (Must be under 37.5 to enter the complex)
2. Have you sanitized your child's hands before entering the grounds?
3. Have you supplied your child with their own LABELLED water bottle?
  - a. Players need to bring their own water - in a bottle clearly showing their name
4. Have you the right gear for training?
  - a. Hurley & Helmet, gloves and gum shield as appropriate
5. Gear should be kept to a minimum when attending sessions
6. Players need to arrive for sessions in their gear - no changing facilities are available at this time

### After Training

1. Training gear should be washed including gloves
2. Hurley and helmet should be sanitised
3. Players and parents to ensure hands are sanitised after training
4. Water bottles are washed properly

## Appendix 3 Match day Protocol.



Hello All

The following are the key issues that our coaches, players and parents must be aware of in relation to both challenge and competitive matches, played at home and away.

The Bishopstown Team Manager should advise opposition teams in advance of a match, of the protocol and requirements to be adhered to on arrival at Bishopstown GAA.

**NOTE:** It is important that the Covid Supervisor of our team liaises with the Covid Supervisor of the opposition to advise them of the Club protocol and expectations on arrival.

If an opposing team turns up with no sanitiser we need to make it available to them prior to and after the match. This is a critical requirement.

Also ensure we get the Referee's name for Contact Tracing purposes.

The Bishopstown Covid Supervisor will monitor compliance to these requirements.

### **GENERAL**

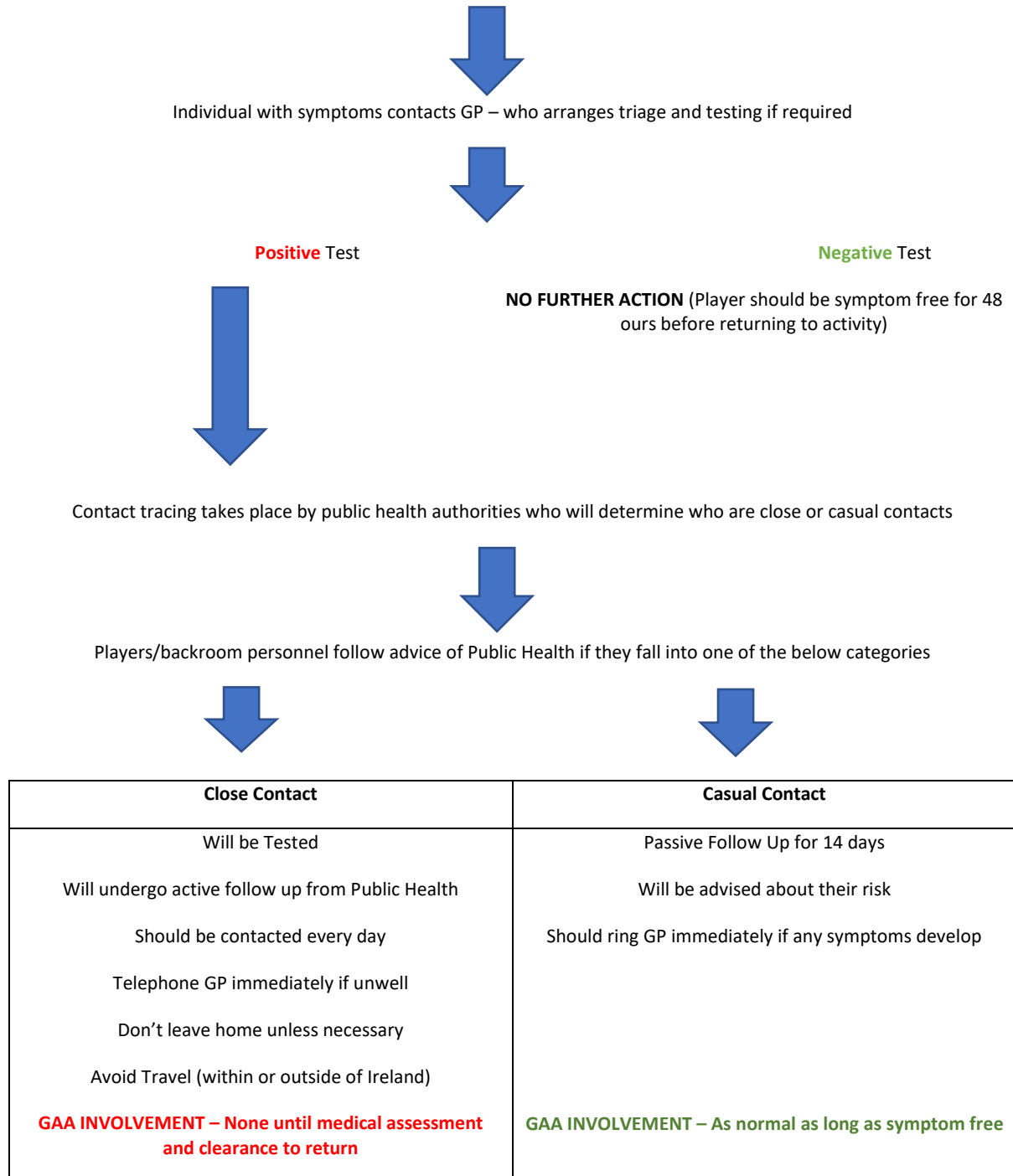
- Health Questionnaire
  - Players, Parent/Guardian must “re-confirm” online, the submitted Health Questionnaire data ahead of the match.
  - If a player/member develops symptoms of COVID-19 (Coronavirus), the player should not attend the match, and will need to self-isolate immediately and phone their GP for medical advice. Their team Covid Supervisor must be advised.
  
- Jerseys
  - Players must bring the jersey that will be issued to them by the Club for the duration of the season.
  - No sharing of jerseys is permitted.
  - It is a player's/parent's responsibility to make sure that they bring the jersey to all games, otherwise they will not be permitted to play.
    - NOTE: We will not have spare jerseys.
  - This is as much for the H&S of those being asked to take bibs or jerseys for washing bringing them to another place or their home, the handling of the jerseys etc.
  - Players take responsibility and take care of their jersey.
  
- Hand sanitizing
  - Hands to be sanitized when entering the pitch prior to the match and again when leaving the pitch after the match.
  - AWAY teams to bring their own sanitizers.
  - NOTE: If AWAY team does not have sanitiser , we should provide it. This is a mandatory requirement to have in place.
  
- Water bottles
  - Every player must bring their own water bottle, clearly labelled with their name.
  - No sharing of water bottles.
  
- Match preparation
  - Home and Away teams to arrive togged out for matches (until dressing rooms are re-opened).

- Dressing rooms are closed and will remain closed until 20<sup>th</sup> July or when approval from GAA is given to reopen. This also applies to being used for physio – not permitted. Gloves and mask should be worn by the physio and replaced after each use.
- Travel to a match as a family only OR housemates together only.
- Players to go straight to the pitch and leave straight after the match in an organized fashion.
  - If at home, let the AWAY team leave the pitch prior to our players exiting the pitch.
  - If AWAY, agree beforehand which team leaves the pitch first
- No shaking of hands before or after matches
- No sharing of helmets, jerseys or gloves permitted
- Practice good hygiene etiquette – no spitting or clearing of noses on the pitch
- Every player is responsible for washing their full gear following the match
- Every player must sanitise their hurley and helmet following the match
- Toilet facilities
  - Use the toilet facilities provided only. No urinating in the ditch or on the side of the pitch permitted.
  - Make visiting teams aware of facilities to be used.
  - Toilets should remain shut and only be opened when required to limit access and cleaning requirements.
  - Identify location of facilities if at AWAY venue.
  - The Team Covid Supervisor must disinfect the toilet facilities after the match.
- Match equipment
  - The Team Covid Supervisor must disinfect the equipment after the match.
  - Anti-Bacterial wipes and spray can be used in the event disinfectant is not available.
- Dug outs
  - Dug outs are not to be used at this time home or away.

**Appendix 4**

**Dealing with positive or suspected cases –Updated Advice for GAA Clubs, July 14<sup>th</sup> 2020\***

If a player, match or team official displays positive symptoms he/she should refrain from further activities until the following steps have been undertaken:



\*This advice is subject to amendment pending the overall guidance document on Return to Sport Activities for Adults by the HPSC/HSE in the 26 Counties and any guidelines that may be issued by the Department of Health and Social Care in the 6 Counties.

## Appendix 5 Match Regulations

**Tomás Ó Riain**  
Ard Stiúrthóir

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10<sup>ú</sup> Iúil 2020

### Maidir Le: Match Regulations

A Chara,

Please find attached an outline of match regulations for Counties ahead of a return to competitive games on July 17<sup>th</sup> as approved by An Coiste Bainistíochta on July 9<sup>th</sup>. These regulations can be used as a basis for your own Match Regulations; additional regulations can be added if required.

Below is a summary of the proposed changes from the current Inter-County Match Regulations which most Counties base their regulations on:

- Only a maximum of 24 players (starting 15 and nine-panel members) shall be allowed within the pitch enclosure during the playing of the game. Panel members can rotate between inside and outside of the pitch enclosure. As per rule, there is no limit on the size of a club match day panel.
- A maximum of five (football) & seven (hurling) Team Officials shall be allowed within the pitch enclosure during the playing of our games. It is suggested that these should be:
  - One Bainisteoir
  - One Maor Fóirne
  - Two Medics
  - One Club Official
  - Two Maor Caman (Hurling Only)
  -
- Subs and Team officials should be positioned on opposite sides of the pitch to allow for government guidelines around social distancing to be followed.
- The use of Dugouts is discouraged, but they may be used provided the government guidelines around social distancing are followed (currently 2m between each person)
- Maor Uisce (Water Carriers) are not permitted in either Football or Hurling.
- One water break will take place between the 15<sup>th</sup> & 20<sup>th</sup> minute in each half at the referee's discretion.
- Two Maor Caman (Hurley Carriers) are permitted in hurling, but are not allowed to carry water into the players and may enter the field of play only with a replacement hurley when necessary.
- The referee has the authority during the game to send any person in breach of the regulations to the stand/outside the pitch enclosure and such person cannot be replaced.
- Covid-19 guidelines issued to players and team officials.
- CCCC will draw up new Inter-County Match Regulations in advance of the Inter-County Championship based on the latest Covid-19 guidelines – in the interim, the guidelines in the attached should pertain. Counties should also note that as Covid-19 continues to be a fluid situation, C.C.C.C may recommend further changes to deal with particular issues in the coming weeks

Is mise le meas,

Tomás Ó Riain  
Ard Stiúrthóir



## Appendix 6

### Regulations Governing the Organisation and Presentation of GAA Club Championship Fixtures during the Covid-19 Emergency

**Introduction:** These Regulations have been drawn up by An Lár Choiste Cheannais na gComortaisí and approved by An Coiste Bainistíochta (09.07.2020) as the basis for County Match Regulations during the Covid-19 Emergency. Counties can add additional regulations if required.

The Central Competitions Control Committee (CCCC) is mindful of the GAA Give Respect Get Respect campaign and has drawn up these Regulations for the benefit of all stakeholders – players, referees, team management, officials, media, members and spectators.

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**Sideline Official/Match Monitor** - A Sideline Official may be appointed by the Committee-in-Charge and it shall be his duty to report any breaches of these Regulations.

The Committee-in-Charge may also appoint a Match Monitor who shall be responsible for any duties assigned. The Sideline Official shall include in his report any relevant observations or breaches reported to him by the Match Monitor. These will then form part of the Referee's Report in accordance with Rule 1.6, Rules of Control, T.O. 2020 Cuid II but any errors or omissions in respect of this shall not invalidate the Report as a whole.

The Committee-in-Charge may also impose penalties for breaches of the Regulations brought to its attention by members of the Committee-in-Charge or the Management Committee.

Failure to respect the regulations and follow laid down procedures therein may lead to penalties as defined in General Rule & Section 3 of this document being imposed on individuals, teams, County Committees, or Clubs by the Committees-in-Charge.

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## 1. Ground/Pitch Regulations

**1.1** Ground Regulations shall apply to all venues considered suitable for club championships. They shall include procedures for entry to each ground, designated areas for substitutes and Team Officials and shall be communicated to Teams in advance.

**1.3** Only a maximum of 24 players (starting 15 and nine-panel members) shall be allowed within the pitch enclosure during the playing of the game.

**1.4** A maximum of five (football) & seven (hurling) Team Officials shall be allowed within the pitch Enclosure during the playing of our games. It is suggested that these should include:

- **One Bainisteoir**
- **One Maor Fóirne**
- **Two Medics**
- **One Club Official**
- **Two Maor Camán (Hurling Only)**

**1.5** Each team shall be allocated a side of the pitch in advance of the game by the Committee-in-Charge, where their team officials and panel of players, as per regulations 1.3 & 1.4, shall be positioned during the game.

The Team Officials & Players Zone shall be positioned between the two 20m lines and have fourteen seats which will be positioned to ensure compliance with Government social distancing guidelines (currently 2metres).

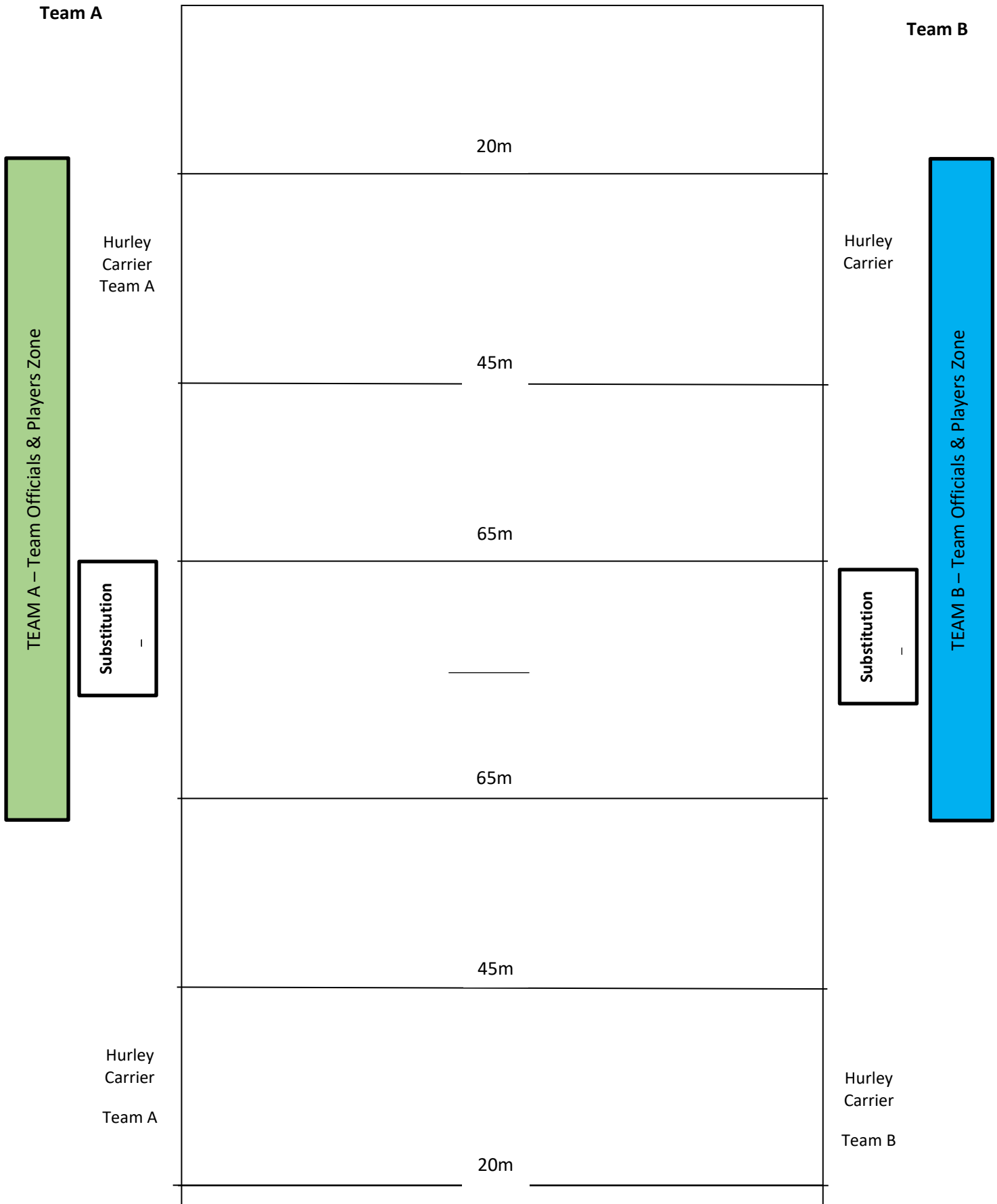
Dugouts may be used provided the government guidelines around social distancing are observed.

Where facilities in particular grounds allow for the two teams to be positioned on the same side of the pitch and for social distancing guidelines to be followed, alternative arrangements may be made in advance by the Committee-in-Charge and communicated to the relevant units.

**1.6** Where the National Anthem precedes a game, Teams shall stand to attention respectfully facing the flag; helmets must not be worn for Amhrán na bhFiann, for the parade or in team photographs.

**1.7** Ball Boys are not permitted.

Pitch Layout



## 2. Game Regulations

**2.1** The Referee is in overall charge of Game Regulations and shall delegate authority to his Linesmen & Sideline Official; they shall include the Sideline Official/Match Monitor's report(s) with his match report as appropriate. ***The Referee has the authority during the game to send any person in breach of these Regulations to the stand/outside the pitch enclosure and such person cannot be replaced.***

**2.2** All Team Officials in the designated areas must be named on the Official list given to the Referee and may include: Bainisteoir, Maor Fóirne, Medics, Maor Camán (Hurling Only) and Club Official.

**2.3 Club Official** - Game and Ground regulations apply to all players and officials and adherence to the regulations is the responsibility of the Club Official. The Bainisteoir also shares the responsibility of ensuring that Game Regulations are respected by players and members of team management. They shall also have the responsibility for preparing substitutions slips.

**2.4 Bainisteoir** - The Bainisteoir shall wear a designated distinctive top and is not permitted to enter the field of play. They may move along the sideline between the two 20m lines as per the "Pitch Layout" on Page 3 of these Regulations. The Bainisteoir may not act in any other capacity (e.g. as Maor Fóirne, etc.).

**2.5 Maor Fóirne** - The Maor Fóirne (who must be a Selector/Coach) must wear the official approved bib (Yellow or Orange) and may enter the field of play ***only through the area in front of the team's designated area, and only when the ball has gone out of play following a score, wide or during a stoppage called by the Referee.*** He shall exit the field at the nearest point and return to his designated area without interfering with play or opposition personnel.

The role of the Maor Fóirne is to deliver messages to players on their team and any disruption to the playing of the game, challenging the authority of the match officials, interference with opposing players, entry onto the field of play not at a time as listed above or breach of match regulations shall result in their removal from the pitch enclosure and they cannot be replaced for the remainder of the game, included Extra Time.

The Maor Fóirne must not be a listed member of the team panel.

**2.6 Selectors** - Selectors must be positioned outside the pitch enclosure.

**2.7 Medics** - Two Medical personnel shall be identified on the Official Team list and shall sit in the areas designated in Ground Regulations; they shall wear clear identification and may only enter the field of play to attend to an injured player(s). Selectors/Coaches cannot act as a medic person,

without advance approval from the Committee in Charge. Medical personnel while performing their duties are required to wear PPE.

**2.8 Water Breaks** – One water break will take place between the 15<sup>th</sup> & 20<sup>th</sup> minute in each half, which the referee will signal for only when the ball has gone out of play following a score, wide or during a stoppage called by the Referee.

The breaks should last no longer than a minute, with players coming to the area in front of their team zone and drinking from their own clearly marked bottle.

The time taken for the break will be added to the end of each half as part of the additional time. If a venue has a match clock, it should continue during this time.

Players are permitted to position their clearly marked water bottle around the outside of the pitch.

**Maor Uisce are not permitted in either Football or Hurling.**

**2.9 Maor Camán (Hurley Carriers)** – Two Maor Camán who must be over 18 years of age, are permitted per team. Each must wear an official (Brown or Lilac) and will be situated as per the “Pitch Layout” on Page 3 of these Regulations, and at least two metres from the sideline.

Official team personnel (Selectors/Coaches), substitutes, injured players or members of the extended panel may not act as Maor Camán.

**Maor Camán are not allowed to carry water into the players and may enter the field of play only with a replacement hurley when necessary.**

Any unauthorised entry into the field of play by the Maor Camán or breach of match regulations shall result in their removal from the pitch enclosure and they cannot be replaced for the remainder of the game, included Extra Time.

**2.10 Substitutes** - Substitutes are not allowed a kick/puck around at half-time. A maximum of three substitutes wearing designated distinctive tops may warm up on sidelines at any one time. A maximum number of 9 substitutes are allowed within the pitch enclosure at any one time. As per rule, there is no limit on the size of a club match day panel.

**2.11 Sliotars** - Any sliotars not officially approved and displaying the official GAA stamp shall not be used. Breaches shall be brought to the attention of the Referee.

**2.12 Late Fielding** - A team taking the field late before a game shall be subject to the penalties outlined in Rule 6.44(d)(i), T.O. 2020; a team responsible for a half time interval being exceeded shall be subject to penalties outlined in Rule 6.44(d)(ii)(a), T.O. 2020 and a team responsible for an

interval period allowed being exceeded by more than 10 minutes shall be subject to penalties outlined in Rule 6.44(d)(ii)(b), T.O. 2020.

**2.13 Distinctive Tops** – If not wearing the official bib, the distinctive tops as listed above concerning the Bainisteoir shall not clash with the main colour of either team.

**2.14 Matters not provided for** – Matters not specifically provided for in these regulations shall be dealt with by the referee and his team of officials on the day, and then by An Lár Choiste Cheannais na gComortaisí when reported via either the Referee, Sideline Official or Match Monitor.

**2.15 Extra – Time** - Regulations governing the playing of Extra Time are outlined in Rule 2.6, 3.4, 3.5, 3.6 & 3.7, Rules of Specification, T.O. 2020 Cuid II.

### 3. Penalties

**3.1** Penalties for breaches of Ground/Pitch/Game Regulations shall be at the discretion of the Committee-in-Charge. These may include warnings, fines, the withdrawal of sideline privileges for individuals as outlined in Part 2 of these regulations or suspension of individuals as considered appropriate.

**3.2** The **Referee** has the authority during the game to send any person in breach of these Regulations to the stand/outside the pitch enclosure and such person cannot be replaced.

**3.3** Where **Maor Camán** sideline privileges have been withdrawn the Committee-in-Charge will appoint Maor Camán on a team's behalf.

**3.4** Where Maor Fóirne privileges have been withdrawn, a replacement may not be permitted; where an individual Maor Fóirne is suspended however, a replacement is permitted to perform this role.

**3.5** Where Bainisteoir sideline privileges have been withdrawn the Bainisteoir will be confined to a designated area as decided on by the Committee-in-Charge.

**3.6** The frequency and gravity of reported breaches in each game shall be taken into account by the Committee-in-Charge and may lead to next match penalties.

**3.7** The provisions of Riail 7.2(c) T.O. 2020 concerning Misconduct at Games by Team Officials shall apply.

**3.8** Individuals reported for unauthorised entry on to the field of play may be dealt with under rule 6.44 (e) T.O. 2020.

#### 4. Player & Team Officials Covid-19 Guidelines

The following guidelines are issued to Players & Team Officials to reduce risk and maximise personal safety.

- No handshakes before or after games
- No spitting or nose-clearing
- Team huddles should only take place where social distancing is observed
- Use hand-sanitisers before and after every match
- Players should use their own clearly marked water bottles
- Interaction with opponents & match officials should be kept to a minimum after the match

Players & team officials are reminded of the following disciplinary rules during the Covid-19 Emergency. **Note:** All suspensions below are the minimum and can be increased by the relevant committee.

##### Player

- Spitting at an opponent, team mate or match official is dealt with in Rule 5.20 (Hurling) and Rule 5.18 (Football) – Red Card; Cat III; one-match ban
- Deliberately coughing in the face of an opponent may be considered “behaving in a way which is dangerous to an opponent” (5.17 H; 5.19 F) – Red Card; Cat III; one-match ban
- Challenge the authority of the Referee, Umpire, Linesman or Sideline Official (6.1 H & F) – Yellow Card
- Remonstrate in an aggressive manner with a Match Official (5.13 F) – Black Card (football)
- Threatening or abusive conduct to a Match Official (5.39 H; 5.35 F) – Red Card; Cat V; 12 weeks

##### Team Official

- Any type of physical interference with an Opposing Player or Team Official – Cat IIa; 8 weeks Suspension
- Abusive language to Match Official - Cat Ia; 4 weeks Suspension
- Threatening or abusive conduct to Match Official – Cat IIIa; 12 weeks Suspension
- Assault on Match Official – Cat IVa; 48 weeks Suspension
- The **Referee** has the authority during the game to send any person in breach of Match Regulations to the stand/outside the pitch enclosure and such person cannot be replaced.